

Extension Activities' Associations



National Service Scheme (NSS)

The National Service Scheme has played a key role in orienting the youth towards community service. NSS volunteers of SJCC have made a significant impact this year in the community around them. The Student President is R. Balasubramani. The major activities of the association for this academic year were as follows:

- **Cycle Day:** The NSS volunteered at and participated in the Cycle Day organised by B.PAC on 11th June, 2017. The event sought to raise awareness about the growing risk of health issues caused by vehicular pollution in the city and encouraged the use of cycles by all. An NSS Cycle Day was also conducted by BPAC on 13th August, 2017 at the BBMP Corporation School in Shantinagar to raise awareness about waste management.
- A stationery drive was organised by NSS on 7th August wherein students contributed books, pencils, pens, scales etc. for underprivileged children in large numbers.
- **Independence Day Celebrations:** NSS celebrated India's 70th Independence Day at a government school near Shivaji Nagar, taking the opportunity to reach out to the unreachable. Members participated in the flag hoisting and interacted with the students. Stationery and sweets were distributed to the government school students.
- The NSS unit of SJCC in collaboration with Lions Club and three other hospitals organised a blood donation camp in college on 23rd August, 2017. Students turned up in large numbers to donate blood. 280 units of blood was collected on the whole from more than 300 donors. Donors were provided with a blood donation certificate as a token of appreciation.
- NSS students participated in a clean-up and renovation drive at the Tamil Government Primary School on 1st September. Students prepared the ground for levelling by experts later on.
- NSS organised a protest rally on 6th September, 2017 from Majestic Railway Station to demand quick



action for speedy justice from the Government and investigative agencies for Gauri Lankesh.

- Students of NSS along with B-PAC members propagated 'Rally for Rivers' on 7th September and encouraged the public in the areas surrounding SJCC to participate in the campaign by merely giving a missed call on the specified number to raise awareness and "Save water for the future generations".
- A talk was conducted on 15th September by Ms. Meenakshi, an active member of Durga Association, on women's safety, harassment, self-defence and other such issues.
- The annual NSS rural camp was organised from 19th October to 25th October in Kadathippur village of Doddaballapur Taluk. Students participated in clean-up drives, health camp, talks on garbage dumping, and several cultural activities.
- A walkathon was organised by NSS students of SJCC in collaboration with the SJC NSS unit on 1st December, 2017 from St. Joseph's College, Shanthi Nagar to SJCC on the occasion of World Aids Day to raise awareness about AIDS.
- Visits: On 25th November, students visited a nearby old age home Nightingale Sandhya Kirana where they contributed old newspapers and clothes and also assisted residents in making paper bags. On 10th December, 15 students of the NSS Association visited the Shree Acharya Rakum Blind School. The NSS representatives interacted with the students and played games like Kabaddi and Cricket with the kids. Around thirty students visited Jerome Old Age home on 14th December to interact with the residents and entertain them.
- NSS students visited Nightingale Day Care Centre on 19th December to celebrate an early Christmas with beneficiaries who were mainly dementia patients and senior citizens. The students put up a cultural show and distributed sweets to everyone. On 21st December, NSS members also celebrated Christmas at Tamil Government School, Ashok Nagar Main Ward where they interacted with students, conducted games, distributed prizes, sang carols and distributed cake to the students and staff members.
- A seminar was conducted on 12th January on the occasion of Swami Vivekananda's 155th birthday. The guest speaker was Dr. G.P. Basvaraju, Retd. Head R.I.T.E.C. and R.P.D.C., N.C.E.R.T who addressed the gathering on the importance of helping one another and about Swami Vivekananda.

- Aura 2.0, a multi-dimensional fest was conducted by the NSS unit of SJCC on 7th February, 2018. It includes a variety of cultural events and literary events. Eleven colleges participated in the fest with more than 120 participants. B.S. Srinivas, Director of Arena Animation, was the chief guest for the inaugural ceremony.

Centre for Social Action (CSA)

Centre for Social Action (CSA) is an association dedicated to making a social change and contributing to society, guided by their vision of 'Care, Connect and Change'. With a motto of 'Little Things Big Difference', CSA headed by the Student President, Aamina Asim, has carried out the following activities this semester:



- Food Fest: CSA organised a Food Fest at the beginning of the academic year where members set up a variety of food stalls and raised money for a charitable purpose.
- Thursday Talkies: The CSA continued their initiative "Thursday Talkies" for the second consecutive year. There were talks on various topics such as 'Knowledge is Political', "IT Industry Layoffs and its Impact in Bangalore" and "Public Policy", to name a few.
- On 11th August, CSA organized an inter-collegiate seminar on the topic 'Intersection between Feminism and LGBT' which saw participation from various colleges around the city.
- Independence Day Celebrations: On the 15th of August, CSA members along with the faculty

mentor, Mr. Prakash, conducted a series of games and events for the students and teaching staff of the Government Urdu Higher Primary School, Markham Road.

- CSA students organized a student teaching initiative at the Government Urdu Higher Primary School to facilitate the students' transition from Urdu to English as the medium of instruction after 5th Standard, through bi-weekly visits to the school.
- CSA invite CARE (Charlie's Animal Rescue Centre) to set up a stall at SJCC, the proceeds of which would go to animal care.
- A rural camp to Doddaballapur was conducted for CSA members in the month of October.
- Human Rights Week: CSA in collaboration with Amnesty International organised an intercollegiate event comprising of a documentary screening on "The Lies of Kashmiris" followed by an audience address by the director and performances by Oorali (an Indie band from Kerala) and Imphal Talkies (a band from Manipur)
- KIDWAI Donation Drive and Visit: CSA initiated a donation drive throughout the month of December in college and collected clothes, eatables, toiletries, bed sheets, toys, and more in large numbers for the children fighting cancer at the KIDWAI Institute. CSA volunteers visited the hospital on 23rd December to distribute the donations and spent quality time with the children.
- Sports Day for Urdu School: On 21st December, CSA organised a sports day for the Urdu school students. The children participated in various sports such as lemon and spoon race, tug of war, relay and running race.
- A two day Seminar on "Development or Destruction? India in the 21st century" was organised by CSA. The seminar comprised of a keynote speech by Mr. Manu Mathai, technical session and workshop on how to start a campaign by Jhatka organisation.
- CSA organised the Annual Day for the students of Government Urdu School on 6th March, 2018. The members of CSA helped the children to showcase their talents in a cultural program.

All India Catholic University Federation (AICUF)

All India Catholic University Federation (AICUF) is an association which seeks to provide a common platform to students from different walks of life. The Student President is Natasha Simran. Through its motto 'Do unto others as you would want them to do unto you' it aims at achieving its goals.



Highlights of activities conducted by the AICUF include:

- An organ donation camp was conducted in order to promote the cause among the student body and to spread awareness of its significance and benefits to society.
- A food drive over three days was conducted aimed at getting food to as many needy people in our society, in order to eliminate hunger and also to better acquaint students with the magnitude of this issue among the people of our city.
- A workshop was conducted on 'Availing Government Scholarship for Minorities' in order to create awareness about the various minority scholarships for Christian students and helping them apply for the same.
- A visit to Snehadan, a center for people living with HIV/AIDS, was organized to bring basic necessities to these peoples and to try and bring some joy and cheer into their lives in keeping with the spirit of Christmas.



- Computer classes were conducted for underprivileged children to give them a basic foundation in the use of technology. Its main aims were community engagement and student development in various areas including teaching.
- A visit to the Kalpali Cemetery was organized to interact with the children living there and to get to know them and the problems faced by them better. Games were conducted and snacks were distributed. Through this visit the students were made aware of the conditions of children living in a cemetery.
- Revelations, a gospel fest was held in February 2018. Eleven events including pot pourri, Nehemiah's harmony, Walk the Bible, Noah's Ark, Pentateuch, Creative intro, Dance like David, Shout it out, Bible quiz, Treasure hunt and Re-create. There were 18 colleges & 9 parishes that participated in the events organized.

Rotaract Club

The Rotaract Club is an association which seeks to further the welfare of society by inculcating a sense of civic consciousness among its members. Over the years, the reach of the association has largely increased, thus contributing to its success and the reputation it enjoys. The Student President is Gaurav Siyal. The primary activities of the club include the following:



- RotaMUN was held on the 26th and 27th of July, 2017 to provide a platform to individuals to showcase their writing, speaking and diplomacy skills. The event covered a number of issues such as cyber warfare and integration of refugees in our societies. The MUN boasted a large number of participants and resolutions to the issues discussed were sent to the Rotarty International Organisation.
- Konnectivity, an initiative to assist senior citizens with Internet Literacy was held on the 6th and 20th of August, 2017. Not only were email ID's created for these senior citizens but they were also taught the basics of E-Banking and E- Commerce.

- The "Clean and Green Drive Initiative", which was taken by the club to get rid of garbage near CMH Hospital, Indiranagar so as to make the area cleaner and more resident friendly.



- A visit to Boston Mane in Chamarajpet on World Orphan Day to interact with the children.
- A visit to Bharathiya Public School on Children's Day during which members organised games and distributed stationery among the children.
- Old Age Home visits were planned so as to sensitise members towards the elderly.

Eco Club

- The Eco Club seeks to foster environmental consciousness among students through campaigns, seminars, workshops and a host of other activities. The Student President is Kevin Mathews. Some of the initiatives taken by the club during the year are as follows:
- An initiative to spread awareness regarding breast cancer was taken on 21st August, 2017.
- A campaign for environmental awareness was conducted in which students realized the importance of conserving rather than excessively consuming resources. In addition to this, the campaign encouraged recycling and reusing products wherever possible.
- The documentary 'Before the Flood' was screened to highlight the pressing issue of climate change.
- A photography contest to capture the impactful images relating to the theme of Child Rights was organized.
- A rural visit to Doddaballapur was organized to provide members an opportunity to connect with the environment through the planting of trees while stressing on the importance of cleanliness.



- Eco club collaborated with Teach for India to help underprivileged children showcase their talents at Dramebaaz 2.0 which was held at KK English High School.
- A drive to encourage the use of in-house purified water taps over packaged water was organized which saw a drop in waste generation.
- A Green Audit was conducted to understand the water and electricity consumption, to promote cycling to and from campus, to educate the student body on rainwater harvesting and to ensure responsible disposal of hazardous waste on campus.
- An anti-pollution video was created with the hope of reducing pollution and ensuring child safety during Diwali.
- Administered the Swachh Bharat Oath to the students to increase awareness about the need to eradicate the system of open defecation in India and providing access to healthy sanitation in order to improve public health.
- A one-day seminar titled 'Ambiente' was held to make students realize the significance of protecting and restoring water eco-systems and ensuring the mitigation of water scarcity.
- An anti-plastic campaign was organized to educate the student body regarding health hazards caused by plastic and to advocate recycling of plastic and the use of alternatives.
- A Scholarship Seminar to create awareness among students of the importance, necessity and availability of scholarships for students belonging to the minority community was organized.
- A pre-placement programme in association with Tata Consultancy Services was organized to provide free coaching classes to students belonging to weaker sections of society so that they may tackle competitive exams and succeed in their areas of interest.
- A seminar to raise awareness on Stereotypes and Prejudice was organized.
- Events such as Moot Court, Taboo and Walkathons were organized to highlight issues of international human rights law during Human Rights Week.
- "Women Entrepreneurship- A Road to Empowerment" was a seminar hosted on December 4th, 2017 that had Ms. Madhavi Shankar and Ms. Ujjwala Nandesh discuss various challenges encountered by women entrepreneurs and suggest relevant solutions to overcoming them.
- A seminar on "The Status of Sexual Minorities" was held in order to promote upliftment of minorities in our country and to provide them with opportunities for growth and development.
- A Sign Language session was conducted so as to give students an insight into the lives of people who use sign language on a daily basis so as to enable them to empathise and improve their understanding of the lives of people from different backgrounds.

Associations for Social Inclusion

Equal Opportunity Cell

An Equal Opportunity Cell is established in the Institution with a view to create equal opportunities for all in education and employment.



The Cell aims to equip students with the skills and leadership qualities to face the challenges of life. The EOC is headed by the Principal. Some of the activities conducted by the equal opportunity cell are:

- An Ice Breaker session for first year students was organized so as to familiarise them with the Cell, its objectives and to gain insight regarding their expectations.

Harmony Club

The Harmony Club was formed with the objective of promoting inter-religious harmony, uniqueness and diversity within the college. The student president is Mr. Mohamed Anas Adam. Some major highlights of this year are:



- Inter-religious Day was celebrated on 11th July with a panel discussion on the theme "Inter Faith Dialogue: Challenges, Possibilities and New



Directions". The panel comprised of Fr. Prashanth Madtha S J, Dr. Rajaram, Mr. Vinay Kambipura, Ms. Tasmiya Hussni and Ms. Selvi Satyanarayanan.

- The Harmony Club in association with ALMA organised "Aghasya 2017", an interclass competition celebrating India's cultural and traditional diversity.
- All major festivals of different religions were celebrated in the college.
- "Jashn-e-Samvidhaan", a poster making competition on the theme of "Fundamental Rights" was organised on 30th November on the occasion of the 68th Indian Constitution Day.
- On 24th December, the club visited Sumangali Seva Ashrama to spread the spirit of giving during the season of Christmas.

Women's Forum

The Women's Forum seeks to achieve a fair and just position for women in society and promote gender equality. The Forum is a step towards providing women with a platform where they can voice out their opinions and promote a progressive learning environment. The Student President of the club is Yamuna Krishna. The activities conducted during this academic year are as follows:



- On 4th July, an interactive session on the topic 'Women and Employment' was conducted. Students were addressed by Ms. Dhanya Rajendran, from The News Minute, who briefed the students about the employment scenario for woman in the corporate sector.
- Marmara', a discussion session on women's safety was organised on 19th July. The discussion was organised by Vimochana, a Bangalore based organisation that has been working towards women empowerment since 1979. Women from different walks of life came together with the students of SJCC to discuss the highly debated topic of women's safety in public and private spaces.

- On 30th November 2017, a seminar on self-defence was conducted with the aim of providing women with skills to defend themselves from any unforeseen circumstances that may arise in the future. The speaker was Mr. Bharath from the Flower Power Group, which holds self-defence seminars / classes in various organizations, schools and colleges. The seminar was both theoretical and practical in nature.
- The Women's Forum held a poetry slam competition on 4th December judged by Mr. Nitin Ebenezer.
- The Women's forum held a series of sessions called 'Speak Up'. The sessions were conducted on 4th, 5th and 6th January. The main idea behind it was to encourage the students to voice their opinion on three topics, namely, 'Dress Code', 'Not me, but you! Why we need the change' and 'A walk in the campus', which were moderated by Ms Bindu Subhash, Ms Yamuna Krishna and Mr. Vinay Kambipura respectively.
- On 27th January, the Women's Forum organised SJCC's annual women empowerment celebration 'Eves'. A very informative panel discussion on women's safety and empowerment in the 21st century was conducted on this occasion.



- The speakers for the panel discussion were Ms. Corrine Kumar who spoke on violence against women from the marginalised sector, Ms. Ajanta De who addressed issues of women in the corporate sector and Ms. Nitya Rao who spoke on women empowerment. The student's speakers were Ms. Radhika from III BBA and Ms. Simran from II B.Com. Ms. Yamuna Krishnan moderated the session. An Open Mic, photography competition, and Art Gallery were also organised. There were also numerous cultural performances.
- On March 8th Women's Forum celebrated International Women's Day by organizing a campaign which raised the issue of pay disparity in the employment sector.